

**Week 5—Running a practical exercise****Learning outcomes:**

- Define and explain the role of a practical exercise
- Identify the 4 key stages in teaching practical skills
- Describe the rationale for each of the 4 stages
- Set learning outcomes for practical exercises
- Prepare a practical procedure appropriately (CCTV, video/DVD, etc)

**Tasks:**

1. Read the booklet “Running a practical exercise”
2. Complete the eModule “Running a practical exercise”
3. Prepare for running a practical exercise (eg, read instructions, chunk videos)
4. Participate in the forum discussion on "Expectations for the face-to-face event"
5. Read the article “Helping physicians learn and change their practice performance”

**Task 5.1: Read the booklet “Running a practical exercise”**

**Purpose:** after reading the booklet, you should be able to

- Define and explain the role of a practical exercise
- Identify the 4 key stages in teaching practical skills
- Describe the rationale for each of the 4 stages

**Task:** read the booklet and make notes if necessary. The checklists at the end of the booklet are also available on the homepage (bottom left) in a different (much nicer!) format.

**Task 5.2: Complete the eModule “Running a practical exercise”**

**Purpose:** test the knowledge you just have gained while reading the booklet and reinforce the learning.

**Task:** start the module and complete the questions. You will not be rated and your results will not be stored.

**Task 5.3: Prepare for running a practical exercise (eg, read instructions, chunk videos)**

**Purpose:** to show how to instruct at a table during a practical exercise and to get feedback from your fellow participants. We will not so much concentrate on the content, but will carefully consider the delivery of your teaching.

**Task:** prepare both practical exercises according to the instructions given (see separate PDF and video files)

**Task 5.4: Participate in the discussion on “Expectations for the face-to-face event”**

**Purpose:** to become clear about your expectations for the face-to-face event

**Task:** spend a few moments to think what your expectations for the live event are. Then go to the discussion forum and post your message and/or reply to one or two contributions of other participants.

**Respond:** return to the forum from time to time over the next few days and comment the postings of others.

**Task 5.5: Read the article “Helping physicians learn and change their practice performance”**

**Purpose:** to understand why previous CME (continuing medical education) activities have not reached the desired goals of contributing effectively to the profession and to patient care and that there is a new construct, CPD—continuous professional development—which is needed so that CME is appropriately applied to patient care. The role of teacher is critical to the new CME or CPD and to the intent of this article.

**Task:** read the article and make notes or write down questions you may have.