

Place on table of station D and inform AO Skills Lab Director about the new cubes

Mechanics of bone fractures—new cubes Information for Faculty



New cubes with improved features have been developed for station D to simulate **deformation and fracture under axial load.** Cubes come in plastic bags.

Important features:

- 1) Light grey color
- 2) Improved visibility of the development of the fracture pattern
- 3) New material better simulates biological behavior of bone
- 4) Fracture pattern develops *either* on the side *or* on the top of the cube (oblique, Y- or X-shaped)
 - o Make sure to compress cubes carefully and slowly
 - **Stop the compression frequently** to show participants how the fracture pattern develops (see pictures below)



- Ask participants to compress the cube carefully and make them stop when the first cracks appear. Note: The fracture pattern develops either on the side or the top of the cube.
- 2) Make participant stop when the first cracks become visible.





3) Ask participants to continue to rotate the lever slowly and stop often. Ask participants to observe the development of the Y- or X-shaped fracture pattern. The more axial compression is applied, the more the fracture pattern develops.



- 4) Finally, remove the cube from the vice and show participants the typical fracture pattern resulting from axial compression.
- 5) After the exercise, put the fractured pieces back into the plastic bag.

